



SAILING INSTRUCTIONS
2019 J/70 CORINTHIAN NATIONAL CHAMPIONSHIP
AUGUST 8 - 11, 2019



LITTLE TRAVERSE YACHT CLUB

Hosted by the Little Traverse Yacht Club
Harbor Springs, Michigan, USA

The Organizing Authority (“OA”) is the
Little Traverse Yacht Club and the US J/70 Class Association

Event web page: ltyc.org/J70CNAT/

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1. RULES

- 1.1. The regatta will be governed by the rules as defined in the Racing Rules of Sailing (“RRS”), including the RRS US Sailing Prescriptions as specified in NOR 1.4.
- 1.2. The International J/70 Class Rules (“CR”) will apply, as modified by NOR 1.3.
- 1.3. CR I.3 (Outside Assistance)—as modified by SI 22—and CR I.5 (Corinthian Event) will apply.
- 1.4. Only the US Sailing Prescriptions to RRS 40, 60.3, 61.4, 67, 70.5(a), 76.1, 82, Appendix L 5.6 (Code Flag A), Appendix R (Appeals) and Appendix V (Alternative Penalties) will apply.
- 1.5. The Equipment Rules of Sailing will apply.
- 1.6. The jury may impose suitable penalties other than disqualification (“Discretionary Penalty Imposed (DPI)”), for violations of the non-Part 2 rules of the RRS. This section 1.6 does not apply to breaches of RRS 28 and RRS 2. This changes RRS 64.1.
- 1.7. If there is a conflict between languages, the English text will take precedence.
- 1.8. If there is a conflict between the Notice of Race (“NOR”) and the Sailing Instructions (“SIs”), the SIs shall prevail. This changes RRS 63.7.

2. BOW NUMBERS

- 2.1. All required bow numbers shall be displayed from the close of check-in through the end of the regatta. It is the responsibility of the competitor to ensure that the bow numbers remain on the boat and obtain replacements as necessary.
- 2.2. Bow numbers will be supplied by the OA and shall be attached:
 - with the leading edge no more than 30cm (~12”) aft of the bow; and
 - with the top of the numbers approximately 15cm (~5”) below deck level; and,
 - with the spacing between the numbers no less than 7cm (~3”).

3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the electronic official notice board on the Yachtscoring event page: <https://yachtscoring.com/emenu.cfm?eID=6020>
- 3.2. Safety and other information when afloat will be broadcast on VHF on Channel 74 (“the VHF channel”), which will be used for all VHF communications to competitors.
- 3.3. Any questions regarding these SIs shall be submitted in writing to the Race Committee. The questions and any answers will be posted on the official notice board.



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- 3.4. The Race Committee will attempt to announce its intentions for the day on the VHF Channel at approximately 0930.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Any change to these SIs will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 or the end of protest time, whichever is later, on the day before it will take effect.
- 4.2. Oral changes to the SIs may be given on the water. The Race Committee Signal Boat shall display Code Flag "L" and announce the change on the VHF Channel in accordance with rule 90.2(c). Competitors may also approach the Signal Boat and verbally receive the change while Code Flag "L" is displayed.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the flag pole at the front of the LTYC.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. This changes RRS race signal.
- 5.3. Code Flag "Y" may be displayed ashore pursuant to RRS 40 as modified by SI 18.4.

6. SCHEDULE

6.1.

DAY	DATE	TIME	EVENT
WEDNESDAY	AUGUST 7	1200 - 1800	Boat inspection assistance, boat weighing and measurement available. Bow numbers available at LTYC.
		1730 – 1830	Regatta Desk open for check-in. <i>LTYC Clubhouse.</i>
THURSDAY	AUGUST 8	0900 - 1800	Boat inspection assistance, boat weighing, and measurement available. Bow numbers available at LTYC.
		1000 – 1130	Regatta Desk open for check-in. <i>LTYC Clubhouse.</i>
		1200 – 1300	On-water coaching. <i>As conditions permit.</i>
		1300 – 1600	Practice starts and race(s) with on-water coaching. <i>As conditions permit.</i>
		1700 – 1830	Seminar and Debrief by Coaches. <i>Under the tent at LTYC.</i>



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		1700 – 1830	Regatta Desk open for check-in. <i>LTYC Clubhouse.</i>
		1830	Competitors Meeting. <i>Under the tent at LTYC.</i>
		1830 – 2100	Taco Truck & Beer. <i>Under the tent at LTYC.</i>
FRIDAY	AUGUST 9	1100	Warning Signal for first race, additional races to follow.
		1800 – 1830	Seminar and Debrief by Coaches. <i>Under the tent at LTYC.</i>
		1830 – 2100	Dinner & Drinks – Northern Michigan Perch. <i>Under the tent at LTYC.</i>
SATURDAY	AUGUST 10	1100	Warning Signal for first race, additional races to follow.
		1800	Cocktail party, hors ‘devours and live music. <i>Under the tent and on the porch at LTYC.</i>
SUNDAY	AUGUST 11	1100	Warning Signal for first race, additional races to follow.
		~1530 – 1630	Awards Presentation. <i>At LTYC.</i>

- 6.2. Eight (8) races are scheduled. The Race Committee may run fewer races at its discretion.
- 6.3. On the final day of the regatta, the Initial Warning Signal for the final race will not be made after 1400 hours. However, after this Initial Warning, any Warning Signal that follows one or more General Recalls may occur after 1400.

7. CLASS FLAG

- 7.1. A pink flag with the J/70 logo will be the class flag for the event.

8. RACING AREA

- 8.1. The approximate racing area is shown in Attachment A.

9. THE COURSES

- 9.1. The courses to be sailed will be windward-leeward with four legs. The diagram in Attachment B shows the course, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2. No later than the warning signal, the Race Committee will post on a board the approximate compass bearing and the length of the first leg.



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10. MARKS

10.1. Description of the marks:

- Mark 1 and Marks 2S/2P will be orange inflatable buoys.
- The Offset Mark will be an inflatable buoy.
- New mark(s) will be yellow inflatable buoys. (When in a subsequent change a new mark is replaced, it will be replaced by an original mark.)
- The starting marks will be either two Race Committee boats or an inflatable buoy and a Race Committee boat.

10.2. The finishing line will be either two Race Committee boats or an inflatable buoy and a Race Committee boat.

11. THE START

11.1. The starting line will be between (a) a staff displaying an orange flag on the Race Committee signal boat at the starboard end and (b) either a staff displaying an orange flag on a port end starting line boat or the course side of a port end starting mark.

11.2. A boat starting later than 5 minutes after her starting signal will be scored DNS without a hearing. This changes RRS 35, A4 and A5.

11.3. Individual and General Recall flags may also be displayed by the port end starting line boat at the discretion of the Race Committee.

11.4. Boats subject to individual recall under RRS 29.1, 30.1, 30.2 and boats disqualified under RRS 30.3 or 30.4 may be broadcast on the VHF channel using sail numbers and/or bow numbers. This is an addition to and changes RRS 29.1, 30.1, 30.2, 30.3 and 30.4.

11.5. After a general recall for a start that used starting penalty RRS 30.2 (Z Flag Rule), the Race Committee will attempt to broadcast the sail numbers and/or bow numbers of boats that are observed to be ZFP.

11.6. The Race Committee will attempt to make the broadcasts described in SI 11.4 and 11.5. However, the timing of such a broadcast, the sequence of the broadcasts or the failure to make the broadcasts, or the failure of a competitor to hear a broadcast shall not be grounds for redress. This changes RRS 62.1(a).

11.7. The third sentence in RRS 30.4 is modified so that in the event a General Recall is signaled during a Black Flag start, "...the Race Committee shall display her *bow or sail* number before the next warning signal for that race, ...".



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12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1. To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2. If a change of course is made at the Offset Mark or if one of the marks is no longer in position forming a gate, Marks 2S/2P may be substituted by a single mark to be left to port.

13. THE FINISH

- 13.1. The finishing line will be either between staffs displaying orange flags on two Race Committee boats or between a staff displaying an orange flag on the Race Committee boat and the course side of the nearby inflatable finishing mark as indicated in the Course chart.
- 13.2. The finishing line will be located to leeward of the leeward gate.

14. PENALTY SYSTEM

- 14.1. Unless the course is shortened to finish at the windward mark, penalties while in the zone of the windward mark or on the offset leg shall be delayed and taken as soon as possible on the downwind leg. This changes RRS 44.2.
- 14.2. If a member of the Jury witnesses an infringement of CR C3.3 (Crew Positioning), CR C9.3(b)(1) (Bowsprit Use), or an infringement of RRS 31 (Touching a Mark), or RRS 42 (Propulsion), they may indicate their observation by making a sound signal, pointing a yellow flag and hailing the boat's sail or bow number. The boat may then exonerate herself by taking a One-Turn penalty. Action or lack of action by the Jury under this instruction shall not be grounds for redress. This changes rule 62.1(a).
- 14.3. Jury boats may be positioned anywhere on the course area. Their position at any time shall not be grounds for granting redress. This changes RRS 60.1(b) and 62.1(a).
- 14.4. A boat that has taken a penalty under RRS 31, 44.1 or 44.3 shall complete an acknowledgment form at the regatta desk or complete the online form within the protest time limit.

15. TIME LIMITS AND TARGET TIMES

- 15.1. Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored DNF or TLE without a hearing. This changes RRS 35, A4 and A5.



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15.2. The time limit for the first boat to sail the course and finish is two hours. The Race Committee will lower the orange flag with one sound to indicate that the finish line is closed.

15.3. If no boat has passed the first mark within 40 minutes, the race will be abandoned.

16. PROTESTS AND REQUESTS FOR REDRESS

16.1. Protests and requests for redress or reopening forms will be available at the Regatta Desk at the LTYC. Protests and requests for redress or reopening forms shall be delivered to the Regatta Desk within the appropriate time limit.

16.2. The Protest Time Limit is 45 minutes after the Race Committee signal boat docks. The Protest Time Limit will be posted on the Official Notice Board. The same Time Limit applies to requests for redress. This changes RRS 62.2.

16.3. The Classification Protest Time Limit shall be the end of the Protest Time Limit on the first day of racing. See World Sailing Regulation 22.

16.4. Notices will be posted no later than 15 minutes after the Protest Time Limit to inform competitors of hearings in which they are parties or named as witnesses.

16.5. Notices of protests by the Race Committee, the Jury or Event Technical Committee will be posted to inform boats under RRS 61.1(b).

16.6. A list of boats that have been penalized under SI 14.2 will be posted.

16.7. Breaches of SI 2, 18, 19, 22, 23, 24 and 27 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides (DPI: Discretionary Penalty Imposed).

16.8. On the last scheduled day of racing a request for reopening a hearing shall be delivered within the Protest Time Limit if the requesting party was informed of the decision on the previous day; and no later than 30 minutes after the requesting party was informed of the decision on that day. This changes RRS 66.

16.9. On the last day of racing a request for redress based on a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

17. SCORING

17.1. Scoring will be in accordance with RRS 90.3 and Appendix A except as modified below.

17.2. When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17.3. Three (3) races are required to be completed to constitute a series.



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17.4. To request correction of an alleged error in posted race or series results, a boat may complete a scoring inquiry form available at the regatta desk.

18. SAFETY REGULATIONS

18.1. Prior to the warning of her first race of each day, each boat shall check-in with, and be recognized by the Race Committee boat located in the starting area. Each boat shall pass close aboard on starboard tack and hail her bow number.

18.2. A boat that retires from a race or leaves the racing area between races shall notify the Race Committee as soon as possible.

18.3. A boat not leaving the harbor for any of the day's racing shall inform the Race Committee as soon as possible.

18.4. When Code Flag "Y" is displayed ashore and/or on the Race Committee Signal Boat, RRS 40 applies at all times while afloat. This changes RRS Part 4 preamble.

19. REPLACEMENT OF CREW OR EQUIPMENT

19.1. Substitution of competitors will not be allowed without written approval of the Race Committee prior to racing on that day.

19.2. Substitution of damaged or lost equipment will not be allowed unless authorized by the Race Committee prior to racing on that day. If the substitution occurs after the first race of the day, the Race Committee shall be informed of the equipment substitution before racing again that day and shall have the equipment substitutions form presented to the Race Committee before the end of protest time.

20. EQUIPMENT AND MEASUREMENT CHECKS

20.1. A boat, its sails, or its equipment may be inspected at any time for compliance with the J/70 Class Rules and these SIs. On the water, a boat can be instructed by a member of the Event Technical Committee or Race Committee to proceed immediately to a designated area for inspection.

21. CHECK-IN AND INSPECTION

21.1. All boats shall check-in with the OA during the times specified in SI 6. Boats are not fully registered and entitled to compete unless all the registration and on-site check-in formalities are completed by 1800 on Thursday August 8, 2019.

21.2. An entry will not be considered complete and check in will not be accepted until all crew members are identified—complete with their **World Sailing Sailor ID showing a Group 1 classification**—in the on-line registration system on Yachtscoring.



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(<https://yachtscoring.com/emenu.cfm?eID=6020>) To obtain or renew a World Sailing ID, see members.sailing.org/classification

- 21.3. Boats without a valid and current J/70 Class **Manufacturers Declaration** must schedule a weighing and inspection time according to the schedule in SI 6. The OA will make the final determination regarding inspection times. All weighing and inspection must be completed by the end of check-in. All competitors shall be in compliance with RRS 78.1 from the end of check-in through the end of the regatta.
- 21.4. Each boat will be required to complete an **IJ70CA Class Rules Certification Form** by the end of check-in. This form will be provided by the OA and must be signed by the skipper. Additional details may be published on the regatta website or otherwise distributed to competitors.
- 21.5. All boats are subject to inspection for compliance with the J/70 Class Rules at any time from 1200 on August 7 to when the results are finalized. Such inspection may be on or off the water and may require the boat to be lifted out of the water.
- 21.6. Substitution of sails shall be in accordance with J/70 Class Rule C.10 and will require the written consent of the Event Technical Committee. Sails requiring repair must be done only with the authorization of the Event Technical Committee, and such sails are subject to inspection upon completion of repairs.

22. OA-PROVIDED ON-WATER COACHING

- 22.1. The OA plans to provide professional on-water coaching to competitors. The coaches will be provided by and designated by the OA and will be permitted to patrol the race course as needed. The OA-provided coaches and competitors may communicate between races and the coaches may use the VHF to communicate with the fleet as a whole at their discretion. This changes RRS 41 and CR I.3.
- 22.2. Only the OA-designated coaches are permitted to communicate with competitors. No other on-water coaching is permitted, and the provisions of RRS 41 and CR I.3 apply to all others.
- 22.3. The intent of the on-water coaching is to improve the overall sailing level of the fleet, and the coaches will provide assistance entirely at their discretion to best implement this goal.
- 22.4. OA-provided on-water coaching will be suspended no later than after the second race on Saturday, August 10 at the discretion of the OA.
- 22.5. None of the activities related to SI 22 shall be grounds for protest or redress.



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23. SUPPORT BOATS

- 23.1. CR I.3 (Outside Assistance) will apply, except as modified by SI 22.
- 23.2. Support boats, including private coach boats, press, private and spectator boats, shall register at the Regatta Desk during the check-in period.
- 23.3. Support boats shall stay more than 50 meters to leeward of the starting line, leeward marks and at least 50 meters from any competing boats while racing.
- 23.4. Support boats shall comply with any additional directions given by the OA, the Race Committee or the Jury, including requests for assistance with rescues. Failure to comply may result in the accreditation being withdrawn and all access to the club facilities, grounds and access to the docks being denied and / or any other penalties spelled out by the Race Committee or Jury.
- 23.5. Support boats must be on call on the VHF channel at all times.

24. BERTHING

- 24.1. Boats shall be kept in their assigned places as directed by the OA.

25. HAUL-OUT RESTRICTIONS AND OTHER RESTRICTIONS

- 25.1. Boats shall be afloat by 1800 on August 8, 2019.
- 25.2. Boats shall not be hauled out and shall not remove their rudders during the regatta except with and according to the terms of prior written permission of the Race Committee or Event Technical Committee.
- 25.3. Boats shall not use dehumidifiers of any type from the close of check-in through the end of the regatta.

26. DIVING EQUIPMENT AND PLASTIC POOLS

- 26.1. Underwater breathing apparatus and plastic pools or their equivalent shall not be used around competing boats between the close of check-in and the end of the regatta.

27. NO SWIMMING IN OR AROUND MARINAS

- 27.1. Because of hazards related to electrocution, no competitor may swim (or cause anyone to swim) in or around marinas.

28. RADIO COMMUNICATION

- 28.1. All boats must carry a marine band VHF radio capable of receiving normal domestic and international channels, including at least VHF channel 16 and 74.



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- 28.2.** Except in an emergency or to notify the Race Committee that a boat is retiring from racing, a boat shall neither make radio transmissions nor receive radio communications not available to all boats. This restriction also applies to mobile phones and any other device capable of sending and receiving any type of communication or connecting with the Internet, with the exception of GPS devices.
- 28.3.** The Race Committee will use the VHF channel (Channel 74) to communicate with the fleet and may use the radio to advise competitors of race information.

29. PRIZES

- 29.1.** Prizes will be given in accordance with the NOR.
- 29.2.** Additional prizes may be awarded at the discretion of the OA.

30. MEDIA RIGHTS

- 30.1.** By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

31. DISCLAIMER OF LIABILITY & INSURANCE REQUIREMENT

- 31.1.** Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race.
- 31.2.** Neither the OA, the Little Traverse Yacht Club, the USJ70CA or their members, volunteers, employees, officers and agents will accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.
- 31.3.** Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of US \$300,000 per event or the equivalent. A copy of documents establishing such coverage current through the end of the regatta shall be supplied as part of completing on-site check in.

32. MEDIA RIGHTS

- 32.1.** By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final



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departure, without compensation. Competitors may be required to sign a media waiver as part of registration and check-in.

33. CONDUCT

33.1. All competitors shall comport themselves in a manner consistent with the RRS, World Sailing Regulations and principles of sportsmanship. Skippers, owners and owner representatives are responsible for ensuring that all members of their crew, support personnel and their guests conduct themselves accordingly and follow the rules of the host club and obey any reasonable request of a regatta official.

34. RACE OFFICIALS & CONTACT

34.1. The primary contacts for this regatta are:

- Regatta Chair: Blane Shea (blaneshea@sheafinancialgroup.com)
- Principal Race Officer: Dick Neville
- Chief of Jury: Dennis Bartley
- Event Technical Committee: Chris Howell, US J/70 Class Executive

Questions and requests for more information can be emailed to the Regatta Committee at J70CNAT@ltyc.org



ATTACHMENT A

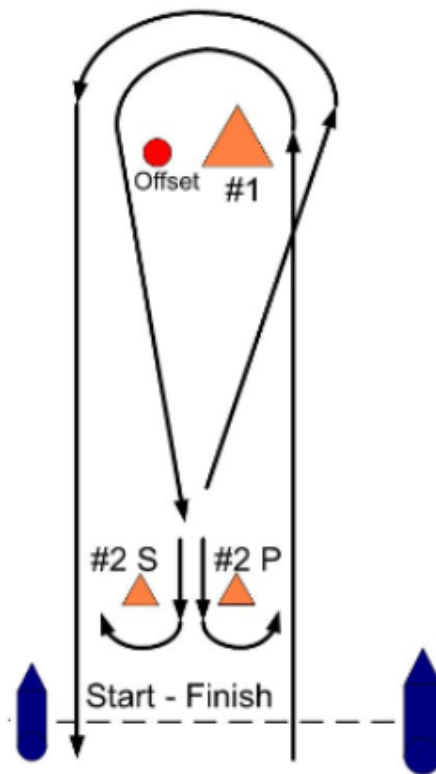
APPROXIMATE RACING AREA





ATTACHMENT B — COURSE DIAGRAM

W4



Four legs, finish downwind.

The pin ends of start/finish line may be boats or inflatable marks.